

Year of the Air Force Family



July-September 2010

A&FRC Newsletter

Workshops

Registration is required.
Call (302) 677-6930

TAP Workshop

13-16 Jul	0800-1630
3-6 Aug	0800-1630
14-17 Sep	0800-1630

VA Medical Records Review

15 Jul first come, first served
26 Aug first come, first served
30 Sep first come, first served

DTAP/Vocational Rehabilitation Briefing

30 Jul	1000-1200
27 Aug	1000-1200
24 Sep	1000-1200

Finance Seminars- Lunch and Learn

Organizing Your Finances

14 Jul	1100-1200
--------	-----------

Take Charge: Wise Use of

Credit Cards

11 Aug	1100-1200
--------	-----------

Identity Theft

8 Sep	1100-1200
-------	-----------

Bundles for Babies Class

20 Jul	1300-1500
21 Sep	1300-1500

Federal Resume Class

12 Jul	1400-1630
9 Aug	1400-1630
20 Sep	1400-1630

Dover AFB Airman and Family Readiness Center

Airman and Family Readiness Center workshop information for the months of July-September 2010

BUNDLES FOR BABIES- This class is for expectant active-duty Air Force members and their spouses. Learn about budgeting for the baby, caring for the baby, exercises, nutrition for mom and baby, and properly installing a car seat.

TRANSITION ASSISTANCE PROGRAM (TAP)- Is military retirement or separation in your future? Pre-Separation Counseling (DD Form 2648) is a mandatory briefing for all separating/retiring members. It should be finalized at least 90 days prior to separation/retirement. This briefing does not start the separation/retirement process, and you will not be obligated to separate/retire if you attend. Our 4-day TAP is designed to give you valuable information necessary to plan and execute a successful job search, write an effective resume, and practice interviewing. Sign up early; classes fill up fast.

ELECTRONIC SPONSORSHIP APPLICATION AND TRAINING (eSAT)- Sponsorship Training is available online at <http://apps.mhf.dod.mil/esat>. In addition to completing the mandatory Sponsorship Training conducted by A&FRC staff, Airmen are required to complete eSAT. The on-line application provides: registration for sponsors and newcomers; a training certificate for personnel files; a sponsorship duty checklist; a newcomer/family needs assessment; a welcome packet template; links to important DoD and Service relocation websites; management and status updates; and customer satisfaction surveys.

AIR FORCE PERSONNEL ACCOUNTABILITY AND ASSESSMENT SYSTEM (AFPAAS)-

AFPAAS allows Airmen and family members to submit vital accountability and needs information into a secure website. The site is designed to help Air Force personnel and their families directly affected by natural and man-made disasters. It provides a tool to report your status, current location, update emergency contact information, and request assistance. This system also helps Air Force leadership account for personnel and to make decisions that support you and your family. Just follow these simple steps: log on to <https://afpaas.af.mil>, choose the Airman/Civilians' "click here" button, log on to AFPAAS, verify and update your information, review the survey introduction, complete the assessment survey, review the confirmation window, and print, edit, or view your entries.



Integrated Delivery System (IDS)

Community Agencies for Resources and Education

(CARE)

People Helping People

Smooth Move
24 Aug 1300-1500

Sponsorship Training 1000-1100
20 Jul, 27 Aug, & 24 Sep

Volunteer Appreciation Luncheon
6 Jul 1130-1300

Spouse Socials 1300-1500
21 Jul, 18 Aug, & 15 Sep

Teen Talk 1800-2100
3 & 17 Sep

Career Catalog 1200-1300
16 Sep

Exceptional Family Member Conference 1100-1300
Date: TBD

Your 436 FSS Community Readiness Staff:

Sue Holliday, Director
MSgt Verna Ford, Readiness NCOIC

TSgt Stacy Boos, Readiness NCO
Patricia Edwards, Consultant
436 MDG

Jennifer Aubrey, Consultant
436 OG

Vacant, Consultant
436 MSG

Bettye Robinson-Tongol
Consultant, 436 MXG

James Brown, Technician

James Pacer, Technician

Carl Barnes, Casualty/SBP

Cristel Judware, DRC

Grayce Bradley, Volunteer

436 FSS/FSFR
846 Sumner Drive
Dover AFB, DE 19901

Workshops are open to active duty service members, spouses, retirees, and DoD civilians.

The IDS is a working group and is established as the action arm of the Community Action Information Board (CAIB). The responsibility of the IDS is to provide family services, as well as prevention and education activities related to individual, family, and community concerns.

IDS Care Team agencies include the Airman and Family Readiness Center (677-6930), Health and Wellness Center (677-3733), Family Member Programs (677-3718), Family Advocacy Program (677-2711), Mental Health (677-2674), Chaplain Services (677-3932), Housing Office (677-6970), the 512th Airman and Family Readiness Office (677-3566), the Youth Center (677-6376), and the Child Development Center (677-3716/3717).

Military OneSource (www.militaryonesource.com)/1-800-342-9647-

Whether you are preparing for a new baby, dealing with relationship issues, preparing for deployment and reunion, getting out of debt, or buying your first car, Military OneSource can help. They provide a customized response, whatever your needs are. There is no cost to you and they respect your privacy. They are available 24 hours a day, 7 days a week, and 365 days a year. Phone answered live by qualified staff member.

IMPORTANT INFORMATION TO KNOW & PASS ON:

Military and Family Life Consultant- This program is intended to provide short term, situational, problem-solving counseling services to service members and their families. In addition, they provide psycho-education to help military service members and their families understand the impact of stress, deployments, family reunions following deployments, and the stresses of the military lifestyle.

Discovery Resource Center (DRC)- Located in the Airman and Family Readiness Center, the Discovery Resource Center has computers available for internet use. You can come in between 8:00 am and 5:00 pm Monday through Friday. You will have access to the internet, MS Office Suite, as well as MSN and Yahoo messengers. This service is provided for those who are performing job searches, compiling resumes, etc.

Relocation Tools Online- Make a Smooth Move with relocation tools online at www.militaryhomefront.com, find relocation information on over 250 military installations. Plan my move provides e-moving tools, calendars, checklists, and information, education and employment. Check-out USAFServices.com, an interactive website with informative features that makes relocating fun.

Key Spouse Program- Each deploying squadron has at least one Key Spouse who provides routine support to families of deployed members. Key Spouses maintain close contact with Squadron Commanders and First Sergeants. The Key Spouse will contact, inform, support, and listen to families of deployed members. They coordinate dinners, socials, and have developed squadron spouse websites to keep families up-to-date. For more information on your Squadron's Key Spouse program, call your First Sergeant.

